# IMPACT REPORT



**HAVEN CELEBRATES 45 YEARS** 

HAVEN is NH's largest crisis center, serving all of Rockingham and Strafford counties providing 24/7 support services for those impacted by domestic violence, sexual assault, human trafficking, and stalking. In 2015, HAVEN was born after the merger of A Safe Place and Sexual Assault Support Services (SASS). Both agencies emerged out of community action and organizing to aid the victims of domestic and sexual violence. They began in the late seventies to address these issues plaguing our communities. This year, HAVEN is celebrating its 45th anniversary of supporting, educating, and empowering our communities.

20 INTERNATIONAL DRIVE, SUITE 300 PORTSMOUTH. NH 03801



"For the first time in my life I am able to say that I am free, I can breathe, I am strong and that I am SAFE!

- A mom staying in the Emergency Shelter with her 6 year-old daughter.



# LETTER FROM LEADERSHIP

#### Dear Friends,

Since 1979, thousands of people have joined as staff, board, and volunteers at the WRC/SASS, A Safe Place and now HAVEN. All shared a passion for our mission and today remain deeply committed to ending violence and empowering all of those adversely affected: women, men, non-binary and transgender adults, youth, and families to heal from abuse and rebuild their lives.

Because of these dedicated individuals, HAVEN has increased our emergency shelter capacity, implemented a housing program to help survivors achieve safety and sufficiency, expanded our prevention programs to reach thousands of kids and added new programming like Pathways and Camp Hope to help further break the cycle of violence.

The collective organizations that are now HAVEN have accomplished a lot over the past 45 years, but there is still so much MORE WORK TO BE DONE. While we have expanded services and programs, domestic and sexual violence is still prevalent in our communities and helping survivors navigate to safety has become more complex, making the need for HAVEN greater than ever.

Our school-based prevention programs are critical to teaching kids about healthy relationships and reaching children at risk. This is a really challenging time for all kids – there is still anxiety and isolation lingering from the pandemic and difficulty in navigating social interactions when they may not be engaged in extracurricular activities. Often their phones are their lifelines which can lead to additional risks as they engage virtually with peers and utilize social media platforms.

Domestic violence is the leading cause of homelessness among adult women due to the barriers they face when leaving, including access to housing, childcare, and transportation challenges.

To address this, HAVEN is thrilled to embark on our next milestone thanks to our partnership with the Episcopal Diocese of NH to relocate HAVEN offices in Portsmouth with larger space for the expansion of programs and build a dignified transitional shelter for survivors and their families.

This incredible partnership also brings together Portsmouth Housing Authority who will be building 44 units of workforce housing and an expansion of Little Blessings Child Care Center to serve more children and families. Collectively, we will be addressing critical needs that not only impact survivors but the entire community.

Our mission when we began 45 years ago has not waivered, but HAVEN needs to continue to grow to ensure that ALL survivors have access to support and resources to heal and rebuild their lives and ALL children and teens have opportunities to participate in our K-12 prevention education programs to learn about personal body safety, consent and healthy relationships.

As you read through this report, I hope you are inspired to join us in ending violence and changing lives by attending an event, volunteering, or making a donation in the coming year. **Together with the community, HAVEN will realize our vision where everyone is safe and free from violence and abuse.** 

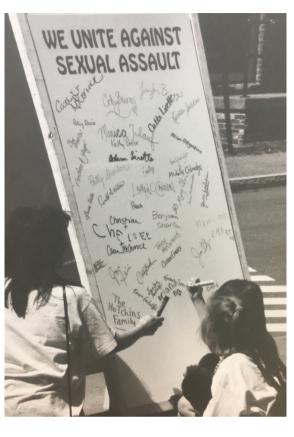
Kathy Beller Kathy Beebe, Executive Director

# **HAVEN'S LEADERSHIP FY24**

## **BOARD OF DIRECTORS**

Valerie Berezin. Chair Deb Iwanicki. Vice Chair Mary Clark, Secretary Marc Ouellette, Treasurer Kim Gibson, Immediate Past Chair Steve Pappajohn Jesse Antosiewicz Jayne Begala **Bobby Eckstein** 

Kristina Goumas **Maxx Graves** Stephanie Johnson Cait Massey Devan Quinn Sarah Skilling



### **STAFF TEAM**

Kathy Beebe, Executive Director Sandra Garrett, Finance Director Louise Ferrari, Client Services Director Sarah Shanahan, Communications & Training Director

Tina Holmes, Office Manager Adam Freeman, Data Systems Manager Corey Morrill, Administrative Assistant

Karen MacNair, Youth & Family Services Manager Alex G., FVPS Caitlin, FVPS Cassie, FVPS

Erica Skoglund, Education Manager Loryn Camp, Violence Prevention Educator Jamie Fitt, Violence Prevention Educator Emily Murphy, Violence Prevention Educator Michele Ryan, Violence Prevention Educator

Katelyn Souphakot, Development & Marketing Manager Suzanne Scharff, Development Associate

Annie Dowling, Volunteer & Outreach Manager Alex O., Volunteer & Outreach Coordinator

Camp Hope Staff Alexa Ash Frankie Grace Sarah H. Tiffanie Troy

Per Diem Michelle B. Courtney

Laura, Shelter Manager Rheanna, Shelter Case Manager

Kris, Housing Manager

Eli, Client Services Manager Olivia, Case Coordinator Stephany, Case Coordinator Taiese, Client Services Advocate Chaz, Client Services Advocate

> Night Staff Sarah Daytona Nicole Debbie Michelle M Julianna

# **SERVICE AREA**

**HAVEN** provides support services to survivors, victims, and anyone impacted by domestic and sexual violence and stalking regardless of gender, age, health status, physical, mental, or emotional ability, sexual orientation, gender identity/expression, socioeconomic status, race, nationality, immigration status, religious and political affiliation.

**HAVEN** serves 48 cities and towns in Rockingham and Strafford counties in Southeastern NH, including 9 courts, 6 emergency departments, and 2 Child Advocacy Centers.

**HAVEN** offices are located in Portsmouth, and Rochester.

# PROGRAMS AND SERVICES

#### CLIENT SERVICES

- 24/7 Support Line
- In-person support at hospitals, courts, police departments, and the Child Advocacy Centers
- Emergency Shelter
- Housing Assistance
- Support Groups for survivors and survivors' loved ones
- Assistance with protective orders and safety planning
- Limited emergency funding

#### K-12 VIOLENCE PREVENTION EDUCATION PROGRAM

**COMMUNITY TRAINING** 

**COMMUNITY OUTREACH** 

CAMP HOPE AND PATHWAYS MENTORING

# **HISTORY OF HAVEN**

1979

Women's Resource Center (WRC) and A Safe Place are founded.



# PUT YOUR OUT TO DO TO THE PUT YOUR OUT TO THE PUT YOUR OUT TO DO TO THE PUT YOUR OUT TO THE PUT YOUR O

#### 1989

A Safe Place purchases a permanent shelter.

#### 1991

The WRC renames as Sexual Assault Support Services (SASS).

#### 1995

SASS acquires a 24-hour toll free support line. A Safe Place establishes satellite offices in Rochester and Salem.

#### 2005

SASS joins forces with A Safe Place to open a new shared office in Rochester.





#### 2015

A Safe Place and SASS merge into one nonprofit, HAVEN, becoming the largest crisis center in New Hampshire providing support services to those impacted by domestic and sexual violence.

#### 2016

HAVEN launches Housing programs for clients.

#### 2020

HAVEN launches Text/Chatline & Mobile Advocacy in response to COVID.

#### 2022

HAVEN partners with Camp HOPE America, the nation's first evidence based camp and mentoring program.



# THE PARTY OF THE P

#### 2022

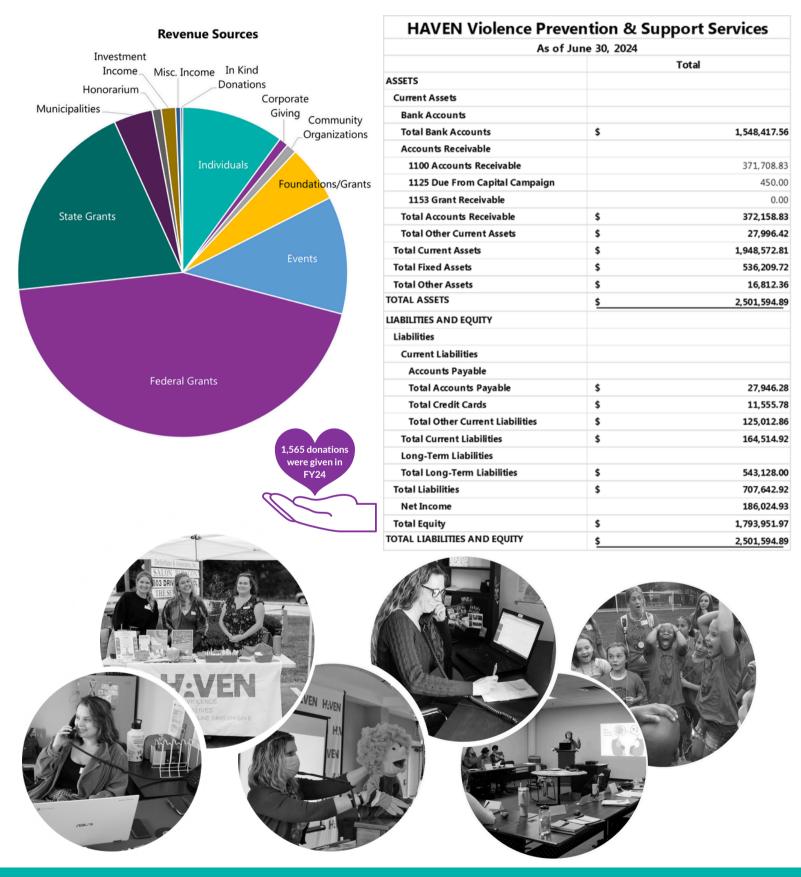
HAVEN is awarded \$2M in Congressionally Directed Spending funding for shelter expansion.

#### 2023

HAVEN is awarded NH's Nonprofit Of The Year from Business NH Magazine.

# STATEMENT OF FINANCIALS

#### **HOW HAVEN WAS FUNDED FY2024**



# STATEMENT OF FINANCIALS

#### WITH GRATITUDE TO THE FOLLOWING COMMUNITIES FOR THEIR SUPPORT

- Brentwood Exeter
- Barrington Fremont
- Chester
- Danville
- Deerfield

- Hampstead
- Hampton
- Kingston Lee
- Durham

- Madbury
- New Castle
- New Durham
- Newfields
- Newington
- Newton

- Northwood
- Nottingham
- Plaistow
- Portsmouth
- Raymond
- Rollinsford
- Rve
- Sandown
- Seabrook
- Somersworth
- Strafford
- Stratham

#### CDBG (COMMUNITY DEVELOPMENT BLOCK GRANT)

DOVER | ROCHESTER

**COUNTY FUNDING** 

**ROCKINGHAM** 

#### THANK YOU TO OUR CORPORATE SPONSORS



# **HAVEN Honor Roll**

#### 2023-2024 School Year

## **Rockingham County**

SAU 14 SAU 16	
Epping Middle School Phillips Exeter Academy	
Swasey Central School	
Cooperative Middle School Stratham Memorial School	
East Kingston Elementary	
Main Street School	
SAU 17 SAU 21	
Memorial School (Newton) Seabrook Elementary	
Lincoln Akerman School	
Barnard Elementary School	
SAU 31 SAU 33	
Newmarket Elementary Lamprey River Elementary Scho	ool
Newmarket Jr Sr. High School	
SAU 44 SAU 50	
Northwood Elementary School Greenland Elementary School	
Maude H. Trefethen School	
Newington Public School	
Rye Elementary School	
SAU 52 SAU 83	
Little Harbor School Ellis School (Fremont)	
New Franklin School	
Portsmouth Middle School	

### **Strafford County**

SAU 5	SAU 11
Mast Way School Moharimet School Oyster River Middle School	Garrison Elementary School Horne Street School Woodman Park School Dover Middle School
SAU 44	SAU 49
Strafford School	Middleton Elementary School
SAU 54	SAU 56
Gonic School Chamberlain Street School East Rochester School Maple Street School McClelland Elementary School School Street School William Allen School	Idlehurst Elementary School Maplewood Elementary School Somersworth Middle School Somersworth High School
SAU 74	SAU 403
Barrington Elementary School Barrington Middle School	Seacoast Charter School

During the 2023/2024 School Year HAVEN Educators presented to:

816 Classrooms 12,434 Students 1,216 Adults





During the Summer of 2023, HAVEN held our first overnight week of Camp Hope for 21 kids between the ages of 7-12 who were able to come together with other kids who had experienced trauma.

At a Pathways mentorship event leading up to Camp Hope, HAVEN program staff introduced "Blobby," a plush multicolored stuffed animal. Staff shared that Blobby represents what we strive to be: the positive characteristics we want to hold onto while letting go of the negative ones we want to leave behind. Camp HOPE America staff attended overnight camp with HAVEN and witnessed Blobby's profound and positive impact. From providing comfort, encouragement, and a listening ear, Blobby signified to program participants that things will be brighter in the future and that we have the power to make it happen!

JD's Story: Being homesick is a part of the overnight camp experience for many participants. For some, overnight camp may be the first time sleeping away from home. During the 2023 overnight camp, we had a camper who was severely homesick. He thrived during physical activity, but nights were hard for him. He had a long trauma history that included being in and out of foster care since age three. Recently adopted, he was very attached to his new mom, and being away from her was hard.

HOPE Team members work with children to ensure they feel safe, seen, and heard. They also understand the power of connection some youth feel to their families and the need to create ways to connect while at camp. With encouragement from his counselor, the youth decided to write his mom a letter each night, sharing his day and love for her. While the youth was glad to be reunited with his mom at the end of the week, he shared about his homesickness at pick-up and told her he was so happy he stuck it out and made it through the week. With the help of his counselor, he acknowledged that two things could be true: He could really love camp and really love home— he didn't have to choose one or the other.

# **SERVING THE COMMUNITY**

## **Volunteers** keep HAVEN going!

In FY 24 HAVEN had **57 volunteers** across all departments, including advocates, outreach volunteers, development committee, events committee, pathways mentors, interns, and Board Members.

Our volunteers allowed HAVEN to staff info tables at **34 events** (fairs, festivals, food banks etc.) in **13 towns**, including Rochester, Portsmouth, Salem, Exeter, Greenland, Dover, Somersworth, Seabrook, Raymond, Epping, Durham, Plaistow, and Windham.

HAVEN also welcomed **24 one-day volunteers** from local businesses during Liberty Serves with Liberty Mutual, United Way's Day of Caring with Lincoln Financial Group, and a Day of Service with PrimeAsia Leather Company.

HAVEN's amazing volunteers donated **6,400 volunteer hours** in FY 24. Currently valued at \$31.80 per hour, these hours equate to an in-kind donation of \$203,520!

A client who needed temporary shelter due to being in an unsafe relationship called HAVEN's hotline and after completion of an IDA was determined to need emergency shelter for safety. While providing a few nights stay in our shelter. HAVEN was able to offer emotional support and emergency resources, and assist in reconnecting the client with relatives and getting them safely to the airport so they could be relocated with family out-of-state.



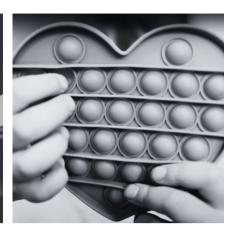
HAVEN provided shelter to 28 adults and children and served 81 clients through our housing program.

A mother of 3 young children fleeing from domestic violence spent time in one of HAVEN's independent shelter apartments. The mother had been subjected to years of abuse that shattered her confidence and self-esteem and the shelter team worked together with her, empowering, validating, and encouraging her and providing empathetic, trauma-informed support. She was able to secure a job locally and get support from staff to navigate many financial, legal, practical, and emotional barriers. The shelter and housing team worked with the family and were able to secure an apartment with a local landlord, enrolling the family in our OVW housing program, to enable them to make a fresh start with 2 years of rental assistance and case management ensuring the family has the supports in place to become successful in long-term healing, safety, and self-sufficiency.

# H:VEN







# **Our Mission**

To prevent sexual assault, domestic violence, and stalking, and to support and empower all women, men, non-binary and transgender adults, youth and families to heal from abuse and rebuild their lives.

# **Our Vision**

To eliminate domestic and sexual violence through education, support, and social change.

# **Our Locations**

- 20 International, Suite 300 Portsmouth, NH 03801
- 150 Wakefield Street Suite 16, Rochester, NH 03867













