

### Dear Friends.

As we reflect on the past year, we are filled with gratitude to the Staff, Board, volunteers and supporters who have helped HAVEN be a place of safety, advocacy, and hope for thousands of survivors of domestic and sexual violence and a voice for prevention and change in our community.

Behind every number is a story- a parent who found safety for their children, a teenager who learned to recognize abuse, a survivor who reclaimed their voice. This fuels our mission and reminds us that change is not only possible, but it's happening every day.

However, with every success story is the reminder that we need to grow and expand our work because the need for HAVEN services is greater than ever. Knowing this provides a renewed determination and commitment to continue to build our capacity to do more.

HAVEN is excited to be embarking on our first Capital Campaign to expand and provide trauma-informed programs and services in a permanent home co-located with dignified non-communal transitional shelter units for survivors and their families.

HAVEN is proud of our accomplishments. As you read about our impact in this report, it is our hope that you are motivated and inspired to join us in changing lives by attending an event, donating, or volunteering. Together with the community, HAVEN will realize our vision where everyone is safe and free from violence and abuse.

Kathy Berlen

Kathy Beebe, Executive Director





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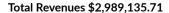
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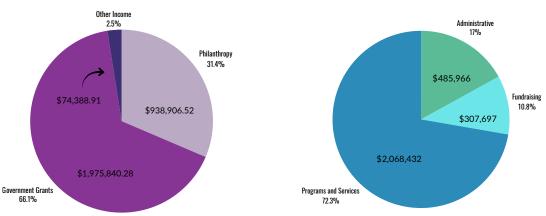




### Financial Snapshot for Fiscal Year ending June 30, 2025



Total Expenses \$2,862,095

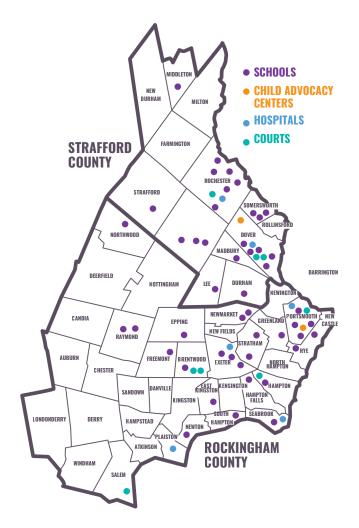


Revenues include individual gifts, corporate giving, civic and faith-based organizations, fundraising events, and foundation grants as well as federal, state and municipal grants, and investment income, fees, and honoraria.



HAVEN marked **46 years** of service with expanded programming and support for survivors across the Seacoast. This year, we reached over 13,000 students and adults in classrooms with violence prevention education, responded to thousands of hotline calls, provided critical in-person supports in courtrooms and emergency rooms, and provided housing support, emergency shelter, and resources to hundreds of individuals and families. We also continued to grow our Camp HOPE and Pathways programs, helping children heal and build community. Together, we laid the groundwork for an even brighter future. **With strong partnerships and a dedicated team, FY25 was a year of impact, resilience, and growth.** 





During the 2024–2025 school year, our Prevention Educators reached 12,384 students and 1,334 adults (13,718 total), delivering age-appropriate, interactive lessons in classrooms across grades K-12. Over the past decade, they've reached more than 100,000 students, teachers, and school staff; raising awareness, building help-seeking skills, and promoting healthy relationships one classroom at a time.

HAVEN staff supported 174 Child Advocacy Center (CAC) appointments last year, offering comfort and guidance to children and families during difficult moments. Since 2015, we've accompanied survivors to more than 3,000 CAC appointments.

We responded to 52 emergency room calls last year, providing in-person support to survivors of domestic and sexual violence as they received medical care. Within the past decade, HAVEN has averaged 72 ER visits annually—ensuring survivors are never alone in their most vulnerable moments.

Our Client Services and Family Violence Prevention Specialists accompanied 63 clients to court last year, supporting them through hearings in eight District Courts and two Superior Courts. We've stood beside more than 3,000 survivors in courtrooms across the region in the past 10 years.



"Thank you again for all your help today, I could not have done it without you, I was a bundle of nerves until I spoke with you. I appreciate it so much. I feel such a sense of relief and am very grateful for your help." Throughout this year, survivors have called our hotline, walked into our office, attended court hearings, experienced SANE exams, and participated in Child Advocacy Center interviews with our advocates by their sides. Survivors are often feeling high levels of trauma and anxiety due to their experiences, and HAVEN advocates are there to offer support, guidance, and a safe place to explore options.

During this past year, our advocates have answered over 2,800 hotline calls, which is the starting point for accessing our services in many cases. Our Family Violence Prevention Specialists responded to 351 referrals from DCYF. These specialized advocates provide support to survivors who are involved with the child protection system. There is a large co-occurrence between domestic violence and child abuse/neglect and this partnership helps us to connect with survivors through this alternative path.

During this past year we have also been able to add some additional supports including clinical services and support groups. We have added a Trauma-informed Clinician to our team to help support survivors with mental health needs through individual therapy and referrals to community-based services. We began our peer support group which is offered virtually to survivors throughout our two counties which allows people from our large catchment area to connect with other survivors in a healing way.

In addition, we have started providing groups within the Strafford County House of Corrections for the Women's and Men's Therapeutic Communities. Research shows that many incarcerated individuals are survivors of trauma including domestic and sexual violence and this group allows us to reach this population.

## **HAVEN Honor Roll**

2024-2025 School Year

SAU 14	SAU 17	SAU 44
Epping Middle High School	Memorial School (Newton)	Northwood School
SAU 21	SAU 31	SAU 33
Seabrook Elementary Lincoln Akerman School Barnard School	Newmarket Elementary Newmarket Jr Sr. High School	Lamprey River Elementary School Iber Holmes Gove Middle School
SAU 16	SAU 50	SAU 52
Swasey Central School Cooperative Middle School Stratham Memorial School East Kingston Elementary Main Street School Exeter High School	Greenland Central School Rye Elementary School	Little Harbour School New Franklin School Dondero School Portsmouth Middle School
SAU 83	Private Schools	
Ellis School (Fremont)	Williams Bridge Academy Heronfield Academy Phillips Exeter Academy	

SAU 5	SAU 11	on Elementary School Strafford School s G. Hopkins School at Street man Park School Middle School	
Mast Way School Moharimet School Oyster River Middle School	Garrison Elementary School Francis G. Hopkins School at Horne Street Woodman Park School Dover Middle School		
SAU 49	SAU 54		
Middleton Elementary School	Gonic School Chamberlain Street School East Rochester School McClelland School School Street School William Allen School	Idlehurst Elementary School Maplewood Elementary School Somersworth Middle School	
SAU 74	SAU 403	Other Schools	
Early Childhood Learning Center Barrington Elementary School Barrington Middle School	Seacoast Charter School	IMPACCT Academy	

# In The Classroom with Our Prevention Education Team

Here's how our Personal Body Safety program profoundly impacted one of the thousands of students we reached last year. This first grader had been a concern for her school counselors, but no matter what they tried, she wouldn't open up. They felt stuck and hoped the puppets might make the difference.

During our show, they anxiously watched her repeat the safety rules and help the puppet talk to a trusted grown-up. When the show ended, she beelined to her counselor and said, "I have an unsafe secret." She shared for the first time, allowing her counselors to take action.

The next day she said that she had the best sleep ever because she didn't need to worry about someone coming into her room in the middle of the night.





Our goal is to create a community where our campers feel seen, heard, and safe. We feel so lucky to get to witness them simply being kids, showing up just as they are and discovering that their futures can be better than their pasts. Our campers are the heart and soul of our work, but we have found that the Camp HOPE experience can be life-changing for all who become involved. A cabin counselor from our partner camp joined us this past summer for his second year with Camp HOPE (but his 10th year at camp). He shared that upon entering his freshman year of college after working with us, his plan had been to study Computer Sciences. He realized quickly that it wasn't his main passion. He said that Camp HOPE "had changed the way [he] looked at life". After having such positive experiences with our campers, he found a new passion. Looking back at the week, he realized how big an impact programs like ours can have in re-shaping kids' futures. He wants to devote his life to working with children and mental health. As our community grows, so does our impact. Our roots reach wider than we realize.





HAVEN continues to be a lifeline for survivors of domestic and sexual violence, trafficking, and stalking offering safety, stability, and hope during times of crisis. Through its shelter and housing programs, HAVEN provides emergency housing, counseling, and comprehensive support services to individuals and families escaping abuse.

The trauma-informed staff meet the emotional, financial, and practical needs of each survivor, empowering them to rebuild their lives free from fear and control.

In FY25, HAVEN provided housing assistance through rental subsidies to 21 survivors and their families. HAVEN also supported one-time housing needs such as utilities, relocation expenses and security deposits to 31 survivors.

While measuring permanent housing outcomes can be complex, HAVEN's impact is clear. Beyond time-limited programs, staff supported clients in applying for subsidized housing, connecting with landlords, and accessing one-time rental assistance. Even after exiting shelter, survivors continued to receive support ensuring they were never alone in their journey toward independence.

HAVEN's shelter and housing services remain a cornerstone of resilience in our community; a place where safety begins, healing grows, and the cycle of violence is broken.



In FY25, HAVEN proudly participated in 34 community events—each one an opportunity to educate, connect, and advocate for safer lives. From resource fairs to wellness expos and cultural festivals, HAVEN showed up with purpose and compassion, creating spaces where healing and hope could take root.

These events weren't just about showing up, they were powered by people. Volunteers played a vital role in helping staff distribute materials, engage attendees, and foster welcoming environments for dialogue and support. Their energy and empathy made every interaction more personal and meaningful.

HAVEN's Volunteer Advocates each contribute up to **468 hours a year to support survivors in crisis.** That's nearly 12 full-time work weeks of trauma-informed care. Even just four hours a month adds up to nearly \$1,500 worth of service annually, based on the national value of a volunteer hour.

Through these engagements, HAVEN raised awareness about domestic and sexual violence, shared prevention strategies, and built trust across diverse communities. Collaborations with local organizations ensured culturally responsive outreach and deeper connections. Volunteering at HAVEN doesn't just benefit the community, it benefits the volunteers. It can reduce stress, boost happiness, and improve physical health. It also builds confidence, life skills, and connection.

FY25's momentum reflects HAVEN's commitment to being visible, accessible, and community driven. Every event was a step toward healing and empowerment and HAVEN is grateful to walk that path with volunteers and partners by our side.



In FY25, HAVEN made strategic investments in the Development team and infrastructure to support long-term sustainability and deepen our impact across the Seacoast. We enhanced donor stewardship, expanded outreach, and launched new engagement opportunities to strengthen connections between our supporters and HAVEN's mission. These efforts have grown philanthropic relationships at all levels, resulting in a more robust Annual Fund with strong donor retention and new supporters, critical progress amid economic uncertainty and vulnerable public funding.

We're also building a more informed, connected community while advancing *Building Dignity*: The HAVEN Capital Campaign to establish our permanent home. A key milestone in this effort was the formation of our Campaign Steering Committee, a remarkable group of local leaders and champions for our new facility who are mobilizing their networks to engage donors, partners, and volunteers committed to safer, more resilient communities. We're especially proud to have the support of Honorary Chair Martha Fuller Clark, whose leadership strengthens this campaign.

To learn more, please contact HAVEN's Development Director Jessie Dill Jakobs: jessie@havennh.org.





### THANK YOU TO OUR FY25 DONORS (JULY 1, 2024 - JUNE 30, 2025)

### **Planned Gifts**

Charlotte B. Arena Revocable Trust Pauline L. Calderwood Revocable Trust Josephine A. Lamprey Susan Werner Thoresen Revocable Trust

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North Hampton, NH

CHINBURG











## **Our Mission**

To prevent sexual assault, domestic violence, and stalking, and to support and empower all women, men, non-binary and transgender adults, youth and families to heal from abuse and rebuild their lives.

## **Our Vision**

To eliminate domestic and sexual violence through education, support, and social change.

## **Our Locations**

- 20 International Drive, Suite 300 Portsmouth, NH 03801
- 150 Wakefield Street, Suite 16

Rochester, NH 03867

Scan the QR Code Below





or text HAVEN to 366283

## Become a volunteer!

Volunteers are the heart of what we do!

We'd love to hear from you!