

Providing violence prevention education is a great way to meet your school's requirement under the pupil safety and violence prevention act. Studies demonstrate correlations between child/adolescent victimization and negative long-term effects such as substance abuse, aggressive behaviors, and poor academic performance.

## SCHEDULING

These research-based programs can be part of your school's overall plan to provide a safe, respectful learning environment for all students and staff. To ensure your first choice of dates, we recommend reserving early in the school year. A small honorarium is requested to help cover our costs. Funding can come from many sources including Title IV or your PTO. Programs will be provided regardless of your ability to make an honorarium.

For more information or to schedule a presentation, contact:

**The Education Department  
(603) 436-4107**

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ENDING VIOLENCE.  
CHANGING LIVES.

# VIOLENCE PREVENTION & SAFETY PROGRAMS FOR STUDENTS

**24-HOUR CONFIDENTIAL HOTLINE  
1-603-994 SAFE (7233)**

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## Safe Kids Programs

### PERSONAL BODY SAFETY

#### Grades K – 4

#### 45 minutes for Kindergarten

#### 60 minutes for grades 1-4

- Interactive classroom discussion about touching safety rules
- Puppets! Puppets! Puppets!  
Students are treated to an entertaining and educational puppet show that gives them a chance to problem solve and put the safety rules to the test!
- Primary objective is that children will tell a trusted adult if they ever feel hurt, scared or have a scary secret

#### Grade 5

#### 60 minutes

Two options depending on the need of the students:

**Option 1:** This presentation is a 5<sup>th</sup> grade version of Personal Body Safety without puppets, but utilizing a very interactive and engaging true story

**Option 2:** Focus is internet/technology safety

- For both options, students brainstorm possible solutions on what to do
- Educators process solutions stressing the importance of listening to instincts and getting help from trusted adults

### SEXUAL HARASSMENT & BULLYING

#### Grade 6

#### 60 minutes

- Students define terms Playing, Flirting, Bullying, and Sexual Harassment

- Educators lead frank but appropriate discussion with students about relevant examples of sexual harassment they have witnessed or experienced at their school
- Students are challenged to determine whether certain scenarios constitute Playing, Flirting, Bullying, or Sexual Harassment
- Bystander interventions and how students can help create a safe school are discussed

## Strong Teens Programs

### MEDIA MATTERS

#### Grade 7 (and up)

#### 2 session series (120 minutes total)

*Typically a two session workshop, each session = 45-60 minutes depending on class length*

- An interactive quiz and discussion helps students explore the science behind how media messages affect them
- Educators discuss how the media uses gender stereotypes, sexual, and violent images to sell products
- Students actively deconstruct media messages by looking at current ads
- Links between interpersonal violence and media messages are explored
- Students examine the influence these images and stories may have on their own self-esteem and relationships
- Students are challenged to look at their roles in consuming and shaping media

### C.A.R.E. Series –Consent, Awareness, Respect and Empathy

#### Grade 8 (and up)

#### 2-3 session series \* (180 minutes total)

*\* Parts 1 & 2 required, Part 3 recommended for full benefit. Each session is 45- 60 minutes depending on class length*

- A comprehensive program designed to change attitudes, increase knowledge and build skills
- Educators promote the importance of communication in all types of relationships
- The danger of power imbalances is explored in unhealthy relationships
- Victim blaming and myths are challenged through engaging storytelling and scenarios
- Students learn the importance of consent and what consent looks like
- Students are encouraged to become upstanders and to take active roles in shaping safer and healthier communities

### K.E.Y Workshop – Knowledge Empowers YOU High School

#### 1 session (60 minutes)

- Misconceptions about violence are challenged through the use of statistics and discussion
- Interactive multi-media encourages student participation
- Groups brainstorm healthy versus unhealthy behaviors and examine specific scenarios
- Students identify ways to support and empower a friend who has been victimized
- Students learn how we can all act to prevent violence